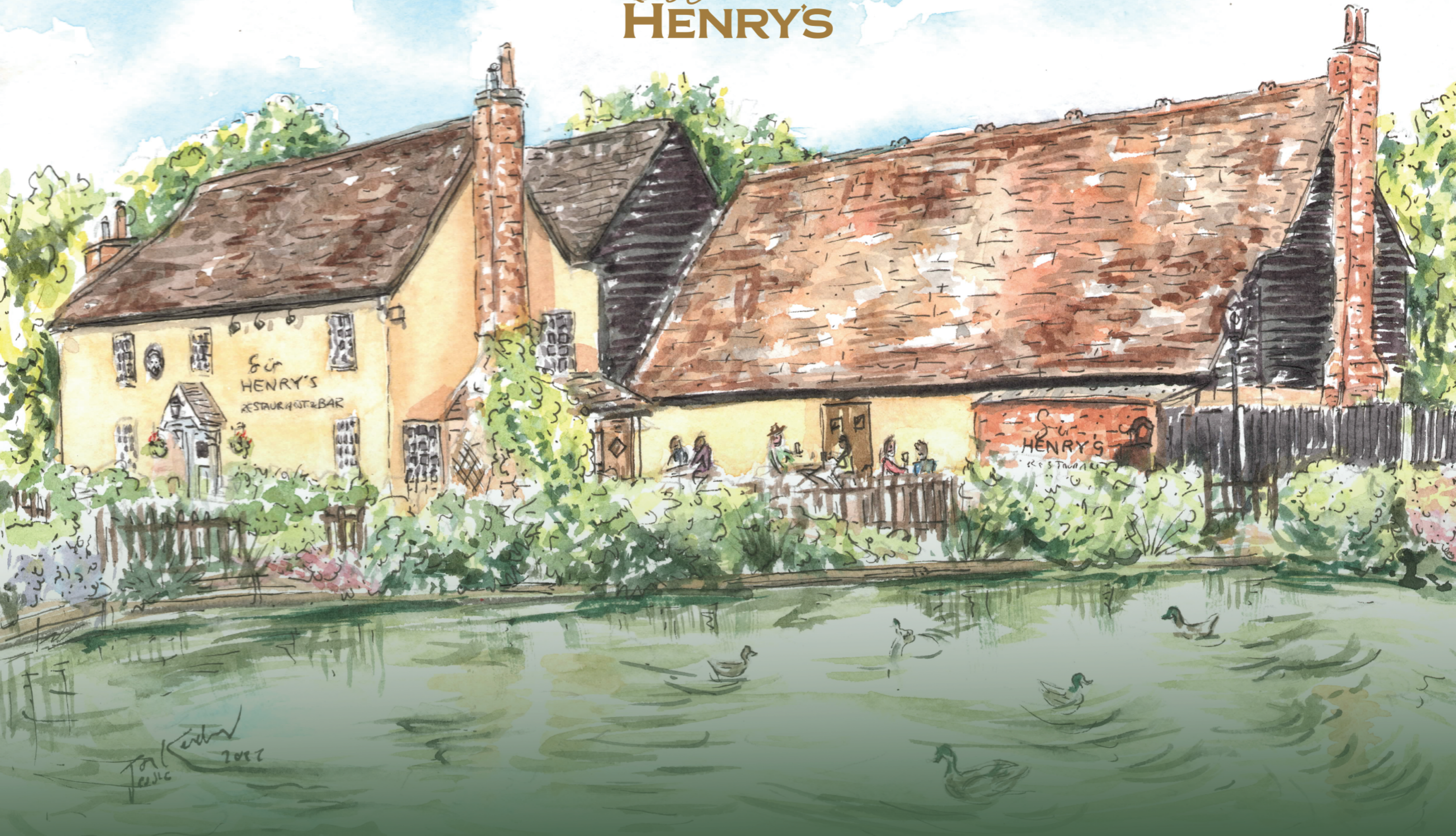


# Sir HENRY'S



Eat • Drink • Smile • Laugh



Romford Road, Aveley, South Ockendon, RM15 4XB



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[@Sirhenrys](https://www.instagram.com/Sirhenrys)



[Sir Henrys](https://www.google.com/search?q=Sir+Henry's)

## Starters

**Soup Of The Day 7.95**

*Served with a chunk of fresh crusty bread*

**Cheesy Garlic Bread 7.95**

*Homemade cheesy garlic bread, aged balsamic and rocket*

**Lightly Spiced Chicken Wings 8.95**

*Coated in a choice of house BBQ, Tabasco or sweet chilli sauce*

**Chicken Liver Pâté 7.95**

*Served with toasted granary bread and onion chutney*

**Mushroom Arancini 9.95**

*Wild and cultivated mushrooms, mascarpone risotto and tomato sauce*

**Fried Kings Prawns 12.95**

*Beer battered king prawns served with peri peri mayonnaise, lime wedge and seasonal leaves*

**Sir Henry's Prawn Cocktail 10.25**

*Atlantic prawns and crayfish served on crisp lettuce with seafood sauce*

**Greek Salad 8.95**

*Feta Greek salad, olives, cherry tomato, seasonal leaves and mustard drizzle*

**Meat Sharer For 2 21.95**

*Sir Henry's Meat Feast honey glazed sausages, BBQ spare ribs, BBQ wings, buttered pâté and toasted bread*

**Seafood Sharer For 2 21.95**

*Fried king prawns, mini prawn cocktail, Scottish smoked salmon, scampi and crab sticks served with brown bread and butter*

## Sandwiches

*Served from noon until 4pm, Monday to Friday Only*

**Roast Chicken & Mayonnaise 10.95**

**Cheddar Cheese & Pickle 10.95**

**Roast Beef & Horseradish 10.95**

**Prawn, Crayfish & Marie-Rose 14.95**

**Sir Henry's Club 15.95**

*All served with cold fillings, a choice of granary or white bread, chips and salad garnish*

## Chefs Club

MONDAY

**Steak**  
NIGHT

TUESDAY

**Curry**  
NIGHT

WEDNESDAY

**Steak**  
NIGHT

THURSDAY

**Fish**  
NIGHT

# Sir Henry's

Built. 1290 Est. 2013

**Sir Henry's Wagyu Burger**

*UK bred wagyu beef burger served in a brioche bun with bacon, cheese, gherkin, tomato, salad leaves, burger relish and chips*

Single 17.95 Double 21.95

**Chicken Skewer 17.95**

*Red Thai marinated chicken breast pieces, bell peppers and courgettes served with pitta bread, chips, coleslaw and sweet chilli sauce*

**Spiced Chicken Supreme 16.95**

*Masala infused chicken supreme, wilted spinach and pilau rice*

**Bacon Chop 16.95**

*Grilled bacon chop, mash potato, onion and thyme gravy*

**Braised Lamb 17.95**

*Garlic and rosemary braised lamb with mashed potato and lamb jus*

**Sausage And Mash 14.95**

*Cumberland sausages on a bed of creamy mashed potato and onion gravy*

**Steak & Ale Pie 15.95**

*An individual puff pastry topped pie, served with buttered vegetables and creamy mashed potato*

**Cod & Chips 17.95**

*Beer battered cod and chips served with mushy or garden peas and tartare sauce*

**King Prawn Linguini 18.95**

*An authentic garlic, fresh herb and a rich tomato sauce king prawn linguini*

**Roast Salmon Supreme 18.95**

*Pan seared salmon supreme, bean cassoulet, spinach*

**8oz Fillet 34.95**

*served with chips, mushroom, tomato and watercress*

**10oz Sirloin 29.95**

*served with chips, mushroom, tomato and watercress*

## Specials

*Check out our specials board with daily chef specials inspired by pub classics and worldwide cuisines*

*Choose from a variety of starters, mains and desserts selected every day for something a little different*

*Ask your server for more details*

## Allergen Menus

*Menus for dietary requirements and allergies are available, some items can be altered to suit requirement. Please speak to a member of our team*

**Creamy Mushroom Pasta 13.95**

*Cultivated and wild mushrooms cooked in a garlic and fresh herb creamy sauce and white wine served with penne pasta topped with parmesan  
Add chicken 19.95*

**Sir Henry's House Salad 12.95**

*Mixed leaves, peppers, cucumber, red onion, tomatoes and avocado in our house French dressing  
Add chicken 15.95 Add Salmon 17.95*

**Caesar Salad 12.95**

*Baby gem and romaine lettuce, garlic croutons, creamy Caesar dressing and parmesan cheese  
Add chicken 15.95 Add Salmon 17.95*

**Crayfish Salad 16.95**

*Crayfish and prawns with seasonal leaves, cherry tomatoes, avocado, lemon wedge and house cocktail sauce*

## Sides & Sauces

**Chips 3.95 Cheesy Chips 4.50 Mash 3.95 New Potatoes 3.95  
Seasonal vegetables 3.95 Spinach 3.95 Side Salad 4.95  
Onion Rings 3.95 Mini Caesar 5.95 Bread & Butter 2.95**

**Sweet Chilli, Garlic Mayonnaise, BBQ,  
Mushroom, Peppercorn, Stilton, Red Wine Gravy 2.5**

## Sunday Roast

At Sir Henry's

*Join us every Sunday for a roast with all the trimmings. Choose from pork, turkey, chicken, beef and lamb or why not have all three!*

*But be warned, we get very busy on a Sunday especially when the sun is shining so there may be a wait during peak times!*

*Served from 12pm until late (whilst stocks last)  
Menu available to view online or ask your server  
Booking is strongly advised*

*Guests with allergies and intolerances should make a member of the team aware before placing an order for food or beverages. Alternate menus and allergen information is available on request from your server.  
During peak times services might be slow please bear with us*