

# Sir HENRY'S



Eat • Drink • Smile • Laugh



Romford Road, Aveley, South Ockendon, RM15 4XB



[www.sirhenrys.co.uk](http://www.sirhenrys.co.uk)



01708 868716



[sirhenrygurnet@gmail.com](mailto:sirhenrygurnet@gmail.com)



Sirhenrysessex



@Sirhenrys



Sir Henrys

## Starters

**Soup Of The Day 7.95**  
*Served with a chunk of fresh crusty bread*

**Cheesy Garlic Bread 7.95**  
*Homemade cheesy garlic bread, aged balsamic and rocket*

**Lightly Spiced Chicken Wings 8.95**  
*Coated in a choice of house BBQ, Tabasco or sweet chilli sauce*

**Chicken Liver Pâté 7.95**  
*Served with toasted granary bread and onion chutney*

**Mushroom Arancini 9.95**  
*Wild and cultivated mushrooms, mascarpone risotto and tomato sauce*

**Fried Kings Prawns 12.95**  
*Beer battered king prawns served with peri peri mayonnaise, lime wedge and seasonal leaves*

**Sir Henry's Prawn Cocktail 10.25**  
*Atlantic prawns and crayfish served on crisp lettuce with seafood sauce*

**Greek Salad 8.95**  
*Feta Greek salad, olives, cherry tomato, seasonal leaves and mustard drizzle*

**Meat Sharer For 2 21.95**  
*Sir Henry's Meat Feast honey glazed sausages, BBQ spare ribs, BBQ wings, buttered pâté and toasted bread*

**Seafood Sharer For 2 21.95**  
*Fried king prawns, mini prawn cocktail, Scottish smoked salmon, scampi and crab sticks served with brown bread and butter*

## Roasts

**Roast loin of Pork 13.95**

**Roast Turkey Breast, Stuffing & Chipolata 14.95**

**Roast Chicken, Stuffing & Chipolata 15.95**

**Roast Beef 16.95**

**Lamb Rump 17.95**

**Duo of Pork & Beef 16.95**

**Duo of Chicken & Lamb 21.95**

**Duo of Beef & Lamb 23.95**

**Trio of Meats Pork, Beef & Turkey 22.95**

**Luxury Trio of Meats Chicken, Beef & Lamb 26.95**

*All served with Seasonal Vegetables, Roast Potatoes and Yorkshire Pudding, Roasts are served between 12pm & 6pm*

**Children's Roast**

**Pork 5.95 Turkey 5.95 Chicken 6.95 Beef 6.95**

**Roast Extras**

**Roast Potatoes 3.95 Chipolatas 4.95 Stuffing 4.95**

**Yorkshire Pudding 1.5 Seasonal Vegetables 3.95**

**Cauliflower Cheese 3.95**

*Availability of meats may change over the course of the day, Roast extras may be limited due to availability*

## Specials

*Check out our specials board with daily chef specials inspired by pub classics and worldwide cuisines*

*Choose from a variety of starters, mains and desserts selected every day for something a little different*

*Ask your server for more details*

Sir  
**HENRY'S**

Built. 1290 Est. 2013

## Sunday Menu

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## Mains

**Sir Henry's Wagyu Burger**  
*UK bred wagyu beef burger served in a brioche bun with bacon, cheese, gherkin, tomato, salad leaves, burger relish and chips*  
Single 17.95 Double 21.95

**Chicken Skewer 17.95**  
*Red Thai marinated chicken breast pieces, bell peppers and courgettes served with pitta bread, chips, coleslaw and sweet chilli sauce*

**Sausage And Mash 14.95**  
*Cumberland sausages on a bed of creamy mashed potato and onion gravy*

**Steak & Ale Pie 15.95**  
*An individual puff pastry topped pie, served with buttered vegetables and creamy mashed potato*

**Cod & Chips 17.95**  
*Beer battered cod and chips served with mushy or garden peas and tartare sauce*

**Roast Salmon Supreme 18.95**  
*Pan seared salmon supreme, bean cassoulet, spinach*

**8oz Fillet 34.95**  
*Served with chips, mushroom, tomato and watercress*

**10oz Sirloin 29.95**  
*Served with chips, mushroom, tomato and watercress*

**Creamy Mushroom Pasta 13.95**  
*Cultivated and wild mushrooms cooked in a garlic and fresh herb creamy sauce and white wine served with penne pasta topped with parmesan*  
Add chicken 19.95

**Sir Henry's House Salad 12.95**  
*Mixed leaves, peppers, cucumber, red onion, tomatoes and avocado in our house French dressing*  
Add chicken 15.95 Add Salmon 17.95

**Caesar Salad 12.95**  
*Baby gem and romaine lettuce, garlic croutons, creamy Caesar dressing and parmesan cheese*  
Add chicken 15.95 Add Salmon 17.95

## Sides & Sauces

**Chips 3.95 Cheesy Chips 4.50 Mash 3.95 New Potatoes 3.95**  
**Seasonal vegetables 3.95 Spinach 3.95 Side Salad 4.95**  
**Onion Rings 3.95 Mini Caesar 5.95 Bread & Butter 2.95**

**Sweet Chilli, Garlic Mayonnaise, BBQ, Mushroom, Peppercorn, Stilton, Red Wine Gravy 2.5**

MONDAY TUESDAY WEDNESDAY THURSDAY  
**Steak Curry Steak Fish**  
NIGHT NIGHT NIGHT NIGHT

*Guests with allergies and intolerances should make a member of the team aware before placing an order for food or beverages. Alternate menus and allergen information is available on request from your server. During peak times services might be slow please bear with us*